

Welcome to October

THE MONTH OF THE HUNTERS MOON



What's on:

Meditation classes

Every Sunday from 5pm come along and relax with guided meditation.

No need to book, open to anyone over 16

£5

Chatteris Library

What's on:

Mindfulness & Meditation

A 4-week course involving mindfulness & meditation. We will be making a decoupage vision board and mindfulness pebbles too. Booking required

28th October £30

6.30pm-7.30pm

Coming up:

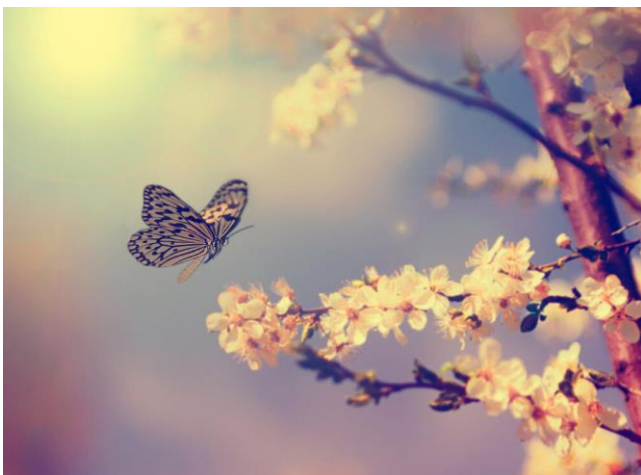
Psychic Development

New beginners 8 weeks course starting on the 24th November.

An introduction to psychic development

6.30pm-7.30pm

£35 in two instalments or £60 upfront



MINDFULNESS REMINDER

Give yourself grace

Pay attention to your thoughts

Be kind to yourself and others

Prioritise your own mental health

October full moon

The Hunters full moon is on the 17th October 2024 peaking at 12.26pm (UK time)

This is also a super moon due to its close proximity to earth! Named by Native Americans, this is called the Hunters moon because it is time for the final big hunt before winter arrives.

It also signifies time to let go of any emotions and move forward. Reflect on what has happened in the previous moon cycle, make changes and go full steam ahead!

Remember to pop your crystals out to charge and cleanse too!



Hypnotherapy

APPOINTMENTS AVAILABLE

Based in a lovely therapy room in Chatteris, I have a few appointments available for 1:1 Hypnotherapy. I can help with anxiety, self-esteem, smoking, weight loss and sleep problems.

For more information, please visit my website

www.moonmagicuk.com

Did you know meditation has many health benefits including reducing blood pressure?

Update from me!

A BUSY MONTH WITH LOTS PLANNED!

After a summer off, September eased me back into work and October is coming with a bang. Lots of exciting plans are being put in place and classes for 2025 are developing beautifully.

This month we have met some lovely new people on the Psychic Development beginners course and the free Wellbeing Course organized by the library. The fortnightly drop in Psychic Group has been going really well with everyone having fun alongside like minded people. As we head into darker nights and shorter days, along with the build up to Xmas, looking after our mental health is becoming more important. Therefore, I am looking forward to another month of increased classes focusing on mindfulness. For more information on what is going on, please visit my website

www.moonmagicuk.com

Next months news: Reiki share, Psychic Group, mindfulness & more!



What's on:

Ghost Club

First Sunday of the month

No need to book, open to anyone over 16

£5

Chatteris Library

What's on:

Trainee Investigator Programme

A 4-week zoom course followed by an in person investigation

2nd October £35

8.30pm-9.30pm

Coming up:

Trainee Investigator Programme

A 4-week zoom course followed by an in person investigation

6th November £35

8.30pm-9.30pm



GROUNDING

Always ground before and after investigating

As you stand or sit, close your eyes and imagine you are really connected with the earth through your feet. Imagine a beautiful green light working up through your body and surrounding you. See it going around you and back down to earth three times, energizing and cleansing you as it does so.

Halloween

With Halloween approaching, thoughts often turn to all things ghostly.

The veil between the living and the dead is becoming thinner and will be thinnest between the days either side of the 31st October.

Will paranormal activity increase? Well yes it is very likely to! So be prepared, go out and have fun but always remember to protect yourself and ground every time.



Spotlight on March Town Hall

March Town Hall is a Victorian building that has had a variety of uses in its life including a court and a fire station.

Built on top of an older building, the history goes back further due to its location in the market place of this historic town.

Paranormal activity fluctuates however when it does occur, it is very consistent. Downstairs doors slamming when no one is there, a shadow man seen near the lift, rempod activation along with some excellent recorded electronic voice phenomenon (EVP's) it is certainly a fascinating place to go.

Have you ever seen a ghost?

Did you know that most people become interested in the paranormal after they have experienced something strange themselves?

The need to know what happened is what drives us.

Update from me!

OBTAINING MORE QUESTIONS THAN ANSWERS!

Over the summer I have been exploring lots of new places. Visiting graveyards, museums and a few investigations at venues and people homes. I am always fascinated by local history and how this feeds into investigations.

One thing that is very consistent is that I always leave with more questions than answers! The more I explore and investigate, the more research needs doing and I think that this is why, as Investigators, we keep going back.

September was the start of Ghost Club where we welcomed new members and talked about all things ghostly. This is on the first Sunday of every month and based in Chatteris Library. We will be discussing evidence captured from previous investigations and seeing what we all make of it.

Next months news: Whittlesey Museum, A-Z of the Paranormal & more!

